

## THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2010 Sporting Excellence in Karate National Level

## **Tom Aylward**

This is to certify that Tom Aylward has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Tom competed at National Championships throughout England in 2010 winning the medals and titles listed below:-

Championship Success - 2 Gold 1 Silver

**Northern Open Championships** - 6<sup>th</sup> June, Manchester Gold - Individual Kumite

**South Yorkshire Championships** - 1<sup>st</sup> August, Sheffield

Gold - Individual Kumite Silver - Individual Kata

Congratulations on your sporting achievements throughout 2010. Well done Tom.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy







